

**Arthritis Research UK Centre for Adolescent Rheumatology
at UCL, UCLH and GOSH**

**3rd National Adolescent Rheumatology Symposium
26th January, 2017**

Kennedy Lecture Theatre, UCL Great Ormond Street Institute of Child Health
30 Guilford Street
London WC1N 1EH

Programme

8.50 - 9.20 Registration and coffee
9.20 - 9.30 Welcome - David Isenberg

CHAIR: Dr Lori Tucker

Session 1: Contraception and Pregnancy in Young People with autoimmune rheumatic disease.

9.30 - 10.00 What happens to inflammatory arthritis and lupus during pregnancy? - Ian Giles

10.00 - 10.30 DMARDS and biologics during pregnancy - what is safe? - Monika Østensen

10.30 - 11.00 Tips on sex, contraception and sexual health. - Rachel Tattersall

11.00 - 11.30 Coffee

CHAIR: Dr Debajit Sen

Session 2: Social media and the digital age in Rheumatology.

11.30 - 12.00 Twitter, Facebook and other social media platforms - the basics. - Elena Nikiphorou

12.00 - 12.30 Developing an app for teenagers with JIA to promote self-management. - Despina Eleftheriou

12.30 - 13.00 Abstract presentations (3-6 short presentations)

13.00 - 14.00 LUNCH

CHAIR: Professor Anne Cooke

Session 3A: Microbiome in inflammatory arthritis.

14.00 - 14.30 Gut reaction to intestinal bugs in health and disease. - Fiona Powrie

14.30 - 15.00 How does the microbiome program the immune system? - Dan Littman

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15.00 - 15.30 Microbiome and JIA. - Lizzy Rosser

Session 3B: Young person involvement in research and service development
Levinsky Room

14.00 - 15.30 Involving young people in health research. - Erin Walker
Hearing young people's voices – Involving young people and improving services.
Emma James
Involving young people in health and medical research. - Anne-Marie Boylan

Session 3C: Adolescent Rheumatology for allied health professionals
June Lloyd Room

14.00 - 15.30 The adolescent knee and sport injuries. - Bruce Paton
Measuring Change - selecting outcome measures. - Jane Simmonds

15.30 - 16.00 Tea

CHAIR: Dr John Ioannou

Session 4: Defining and delivering age appropriate care to young people with chronic disease.

16.00 - 16.30 Developmentally appropriate care for young people – more than just transition.
-Janet McDonagh

16.30 - 17.00 Can the NHS deliver the right care to adolescents and young adults with chronic disease? - Steve Ball

17.00 - 17.10 Symposium round up and closing remarks. - Lucy Wedderburn

17.10 - 18.00 Refreshments and Networking

Speakers

Dr Ian Giles, University College London, United Kingdom

Professor Monika Østensen, Trondheim University Hospital, Norway

Dr Rachel Tattersall, Royal Hallamshire Hospital, United Kingdom

Dr Elena Nikiphorou, Whittington Hospital, United Kingdom

Dr Despina Eleftheriou, University College London, United Kingdom

Professor Fiona Powrie, University of Oxford, United Kingdom

Professor Dan Littman, New York University School of Medicine, United States

Dr Lizzy Rosser, University College London, United Kingdom

Dr Erin Walker, University College London, United Kingdom

Ms Emma James, Great Ormond Street Hospital, United Kingdom

Dr Anne-Marie Boylan, University of Oxford, United Kingdom

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Dr Bruce Paton, The Institute of Sport, Exercise and Health, United Kingdom
Dr Jane Simmonds, Great Ormond Street Institute of Child Health, University Kingdom
Dr Janet McDonagh, University of Manchester, United Kingdom
Professor Steve Ball, Central Manchester University Hospital, United Kingdom
Professor Lucy Wedderburn, University College London, United Kingdom

Chairs

Professor David Isenberg, University College London, United Kingdom
Dr Lori Tucker, BC Children's Hospital, Canada
Dr Debajit Sen, University College London Hospital, United Kingdom
Professor Anne Cooke, University of Cambridge, United Kingdom
Dr John Ioannou, University College London, United Kingdom

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